

Welcome To...



Order at the counter when you're ready.

Gluten Free Menu

Please tell your server you are
ordering from the gluten free menu.



ALL DAY BREAKFASTS

Full English **£7.50**

Bacon, fried egg, homemade hash brown, roasted tomato & field mushroom, baked beans & gluten free toast.

Full Vegetarian **£7.25**

Grilled halloumi, wilted spinach, fried eggs, tomato, field mushroom, homemade hash brown, baked beans & gluten free toast.

Add Avocado **£1.50**

Eggs Benedict **£6.50**

Bacon, poached eggs, gluten free toast & hollandaise sauce.

Eggs Royale **£6.50**

Smoked salmon, poached eggs, gluten free toast & hollandaise sauce.

Eggs Florentine **£6.50**

Field mushroom, wilted spinach, poached eggs, gluten free toast & hollandaise sauce.

Eggs on Toast **£4.25**

Poached, Fried or Scrambled eggs on gluten free toast, add bacon, smoked salmon or smashed avocado

£1.20

Breakfast Toasted Sandwich **£3.10**

Choose from bacon or fried eggs.

Add bacon, egg or avocado **£1.20**

Add mushroom, tomato, beans or spinach **£0.80**

OMLETTES

1 Filling £5.00, 2 fillings £5.60, 3 fillings £6.20, 4 fillings £6.80

Choose from; bacon, chicken, ham, cheddar, mushroom, pepper, red onion, tomato, spinach or smoked salmon (extra 50p)

SALADS & ANTIPASTO

Goats Cheese Salad £8.95

Mixed leaf, red cabbage, carrot, celery and pepper, balsamic.

Chicken & Chorizo Salad £8.95

Mixed leaf, red cabbage, carrot, celery and pepper.

Corn Falafel Salad £8.95

Chickpea and sweetcorn falafel, mixed leaf, red cabbage, carrot, celery and pepper, curried yoghurt

Smoked Salmon Salad £8.95

Mixed leaf, red cabbage, carrot, celery and pepper, lemon mayonnaise

Meat Antipasto £8.25

Cured meats, humous, gherkins, olives, sun blushed tomatoes, toasted bread

Vegetable Antipasto £8.25

Roast pepper & shallot, grilled halloumi, humous, gherkins, olives, sun blushed tomatoes, toasted bread

CLASSICS

Soup Of The Day £4.25

Gluten free toast

Marinated Chicken Burger £9.50

Gluten free toast, baby gem lettuce, lemon mayonnaise & fries

Beef Bacon & Cheddar Burger £9.50

Gluten free toast, caramelised onion, baby gem lettuce & fries

Chickpea & Sweetcorn Burger £9.50

Gluten free toast baby gem lettuce, tomato, curry yoghurt & fries

Add Halloumi £1.50

Five Bean Chilli £9.20

Fries & rocket.

JACKET POTATOES

1 Filling £5.00, 2 Fillings £5.60, 3 Fillings £6.20

Buttered and Choose from; bacon, chicken mayonnaise, ham, cheddar, tuna mayo, smashed avocado, coleslaw, mushroom, baked beans.

Five Bean Chilli, Sour Cream & Cheddar Cheese £7.10



SANDWICHES

Gluten free toasted sandwich.

Cheddar Cheese & Ham Salad £4.55

Chicken Mayonnaise Salad £3.95

Chicken Mayonnaise, Bacon & Avocado £5.55

BLT £4.55

Bacon, lettuce, tomato & mayonnaise

HLT £5.55

Halloumi, lettuce, tomato & harissa mayonnaise

Roast Red Pepper & Humous £5.30

Club £6.95

chicken, bacon, fried egg, lettuce, tomato, mayonnaise & toasted bread.

Avocado, Bacon & Halloumi £6.95

TOASTIES & MELTS

Cheddar Cheese & Red Onion Toastie £3.95

Ham, Cheddar Cheese, & Tomato Toastie £4.65

Caramelised Red Onion & Goats Cheese Melt £5.95

Chicken, Chorizo, Pesto & Cheddar Melt £5.95

Bacon, Brie & Cranberry Melt £5.30

Tuna Mayonnaise & Cheddar Cheese Melt £5.30

SIDES

Fries £2.75

Sweet Potato Fries £3.25

Coleslaw £2.75

Side Salad £2.75

Halloumi £3.30

MILKSHAKES

Served with cream and sauce

Add Ice cream to your milkshake

£1.00

Chocolate

£3.10

Vanilla Bean

£3.10

Strawberry

£3.10

Banana

£3.10

SMOOTHIES

with apple juice & yoghurt

Add a superfood powder

£1.50

Turmeric & Black Pepper OR Beetroot & Ginger OR Matcha & Vanilla, Chicory & Lions Mane OR Chai & Reishi

Apple, Pear, Kiwi, Avocado & Mint

£3.80

Blackberry, Strawberry & Blackcurrant

£3.80

Mango & Raspberry

£3.80

Peach & Passionfruit

£3.80

SEASONAL COOLERS

Iced Americano Tonic

£3.50

French Vanilla Iced Latte

£3.30

Iced Fudge Mocha

£3.30

Banoffee Iced Cappuccino

£3.30

Iced Tea

£3.35

Raspberry / Passionfruit & Lemon / Peach / Watermelon & Green Tea

ORGANIC SUPERFOOD LATTE HOT OR ICED

Turmeric & Black Pepper Almond	£3.35
Chai & Reishi Soya	£3.35
Matcha & Vanilla Oat	£3.35
Beetroot & Ginger Coconut	£3.35
Rooibos Soya	£3.35
Chicory & Lions Mane Coconut	£3.35

TEA AND COFFEE

Decaffeinated and alternative milks are available.

Americano	£2.20	£2.55
Cappuccino	£2.30	£2.65
Latte	£2.30	£2.65
Flat White	£2.65	
Mocha		£2.85
Espresso	£2.00	£2.50
Add Flavoured Syrup	£0.60	
Yorkshire Tea	£2.10	
Speciality Tea	£2.35	

Blue Flower Earl Grey, Oolong, Rooibos, Bohemian Raspberry Green,
Japanese Sencha Green, Stinging Mint,
Darjeeling White, Ginger Fresh, Rhubarb Spritz Or Chamomile.

Plain Hot Chocolate	£2.85
Pink Hot Chocolate	£3.35
Raspberry & white chocolate, cream	
Luxury Hot Chocolate	£3.35

Cream, marshmallow, chocolate sauce & flake.

SOFT DRINKS

Fruit Juice £2.20

Strawberry, Pineapple, Mango, Apple Or Orange

Fentimans £2.55

Curiosity Cola, Cherry Tree Cola, Ginger Beer, Victorian Lemonade,
Wild English Elderflower, Dandelion & Burdock, Rose Lemonade,
Mandarin & Seville Orange,

Sprite / Diet Coca Cola / Zero Coca Cola £2.25

Still or Sparkling Water £1.70

ALCOHOL

Aperol Spritz £6.50

Peroni Pint 5% £5.00 / £2.50

Thatchers Gold Cider 500ml 5% £4.30

Old Mout Strawberry & Pomegranate 500ml 4% £4.60

Black Sheep 500ml 3.9% £4.60

Other Spirits Available at the Bar

WINE

Farfella Pinot Grigio

125ml £3.60, 175ml £4.80 250ml £6.60, btl £18

Waddling Duck Sauvignon Blanc

New Zealand

125ml £5.00, 175ml £6.70 250ml £9.00, btl £25

Hose Rose

125ml £3.60, 175ml £4.80 250ml £6.60, btl £18

Le Jardin Merlot

125ml £3.60, 175ml £4.80 250ml £6.60, btl £18

Prosecco Castelli DOC £5.00 / £24

Crisp & dry, full of fresh fruit flavours.